

**NIRMA UNIVERSITY**  
**Institute of Pharmacy**

**(B. Pharm)**  
**(Semester - VI)**

L	T	P	C
3	1	-	4

<b>Course Code</b>	<b>BP603T</b>
<b>Course Title</b>	<b>Herbal Drug Technology - Theory</b>

**Scope:**

This subject gives the student the knowledge of basic understanding of herbal drug industry, the quality of raw material, guidelines for quality of herbal drugs, herbal cosmetics, natural sweeteners, nutraceutical etc. The subject also emphasizes on Good Manufacturing Practices (GMP), patenting and regulatory issues of herbal drugs.

**Objectives:**

Upon completion of the course the student shall be able to-

1. Understand raw material as source of herbal drugs from cultivation to herbal drug product
2. Know the WHO and ICH guidelines for evaluation of herbal drugs
3. Know the herbal cosmetics, natural sweeteners, nutraceuticals
4. Appreciate patenting of herbal drugs, GMP

**Course Learning Outcomes (CLO):**

At the end of the course, students will be able to -

1. Understand the processing of herbal raw materials and good agricultural practices
2. Describe the principles and applications of various complementary and alternative system of medicine
3. Discuss health benefits of nutraceuticals and herb interactions
4. Explain the use of herbal raw materials in herbal cosmetics and formulations
5. Demonstrate the scope of herbal drug industry, various regulatory guidelines for evaluation of herbal drugs & natural products
6. Formulate and analyze various Ayurvedic dosage forms, herbal cosmetics and herbal formulations

**Syllabus:**

**Teaching hours: 45 Hours**

**UNIT I**

**11 Hours**

**Herbs as raw materials:**

Definition of herb, herbal medicine, herbal medicinal product, herbal drug preparation

Source of Herbs

Selection, identification and authentication of herbal materials

Processing of herbal raw material

**Biodynamic Agriculture:**

Good agricultural practices in cultivation of medicinal plants including Organic farming.

Pest and Pest management in medicinal plants: Biopesticides/Bioinsecticides.

**Indian Systems of Medicine:**

a) Basic principles involved in Ayurveda, Siddha, Unani and Homeopathy

b) Preparation and standardization of Ayurvedic formulations viz Aristas and Asawas, Ghutika, Churna, Lehya and Bhasma.

## UNIT II

07 Hours

### **Nutraceuticals:**

General aspects, Market, growth, scope and types of products available in the market. Health benefits and role of Nutraceuticals in ailments like Diabetes, CVS diseases, Cancer, Irritable bowel syndrome and various Gastro intestinal diseases.

Study of following herbs as health food: Alfaalfa, Chicory, Ginger, Fenugreek, Garlic, Honey, Amla, Ginseng, Ashwagandha, Spirulina

### **Herbal-Drug and Herb-Food Interactions:**

General introduction to interaction and classification. Study of following drugs and their possible side effects and interactions:

Hypercium, kava-kava, Ginkobiloba, Ginseng, Garlic, Pepper & Ephedra.

## UNIT III

10 Hours

### **Herbal Cosmetics:**

Sources and description of raw materials of herbal origin used via, fixed oils, waxes, gums colours, perfumes, protective agents, bleaching agents, antioxidants in products such as skin care, hair care and oral hygiene products.

### **Herbal excipients:**

Herbal Excipients – Significance of substances of natural origin as excipients – colorants, sweeteners, binders, diluents, viscosity builders, disintegrants, flavors & perfumes.

### **Herbal formulations :**

Conventional herbal formulations like syrups, mixtures and tablets and Novel dosage forms like phytosomes

## UNIT IV

10 Hours

### **Evaluation of Drugs:**

WHO & ICH guidelines for the assessment of herbal drugs, Stability testing of herbal drugs.

### **Patenting and Regulatory requirements of natural products:**

- Definition of the terms: Patent, IPR, Farmers right, Breeder's right, Bioprospecting and Biopiracy
- Patenting aspects of Traditional Knowledge and Natural Products. Case study of Curcuma & Neem.

### **Regulatory Issues**

Regulations in India (ASU DTAB, ASU DCC), Regulation of manufacture of ASU drugs - Schedule Z of Drugs & Cosmetics Act for ASU drugs.

## UNIT V

07 Hours

### **General Introduction to Herbal Industry:**

Herbal drugs industry: Present scope and future prospects.

A brief account of plant based industries and institutions involved in work on medicinal and aromatic plants in India.

### **Schedule T – GoodManufacturing Practice of Indian systems of medicine:**

Components of GMP (Schedule – T) and its objectives

Infrastructural requirements, working space, storage area, machinery and equipments, standard operating procedures, health and hygiene, documentation and records.

### **Suggested Readings**<sup>^</sup>: (Latest Edition)

1. Evans, W.C. *Trease and Evans Pharmacognosy*. London, W.B. Saunders & Co.
2. Tyler, V.E., Brady, L.R. and Robbers, J.E. *Pharmacognosy*. Philadelphia, Lea and Febiger.
3. Kokate, C.K. *Text Book of Pharmacognosy*. New Delhi, Nirali Prakashan.
4. Ansari, S.H. *Essentials of Pharmacognosy*. New Delhi. Birla Publications.
5. Rangari V.D. *Pharmacognosy & Phytochemistry*. Career Publications.
6. Pharmacopoeal standards for Ayurvedic Formulation (Council of Research in Indian Medicine & Homeopathy)
7. Mukherjee, P.W. *Quality Control of Herbal Drugs: An Approach to Evaluation of Botanicals*. New Delhi, Business Horizons Publishers.

L= Lecture, T= Tutorial, P= Practical, C= Credit

<sup>^</sup> this is not an exhaustive list