



NU/AC/Cir/SMHWb/26-27  
Date: 13 .03.2026

### NOTIFICATION

- Read 1. UGC D.O. No. F.8-8/2025 (ARC-MISC-Saha/AP) dated 27.08.2025 – Compliance of Hon'ble Supreme Court of India judgment dated 25.07.2025 in Criminal Appeal No. 3177 of 2025 [Arising out of SLP (Crl.) No. 6378 of 2024] in the matter of Sukdeb Saha vs. The State of Andhra Pradesh & Ors
2. Meeting of IQAC-U held on 24.12.2025
3. Circular No. NU-22 dated 13.01.2026 - Policy on Students' Mental Health and Wellbeing

Sub: Nomination of members under 'Institute-level Mental Health and Wellness Committee'

In furtherance to the circular referred at serial 3 above, it is hereby notified for information of all concerned that, the Heads of the respective Institution have nominated members in the **Institute-level Mental Health and Wellness Committee (I-MHWC)**, as under:

#### I. Institute of Pharmacy

Sr.	Designation	Name	Category	
i.	Head of the Institute	Prof. (Dr.) Gopal Natesan	Chairperson	
ii.	Office Superintendent	Ms. Telgy James	Member-Secretary	
iii.	University Counsellor	Dr. Sapna Bhatt	Member	
iv.	University Doctor	Dr. Rajesh Patel		
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh		
vi.	One Faculty Member trained in Counselling / Student Welfare	Dr. Dipal Gandhi Asst. Professor		
vii.	Mentorship Coordinator of the Institute	Dr. Hardik Bhatt Associate Professor		
viii.	Two student representatives, preferably one male and one female	i.		Shri Cris Bijoy (Roll No. 23BPH016)
		ii.		Ms. Jiyaraje Thakor (Roll No. 24BPH034)
		iii.		Shri Harsh Patel (Roll No. 25MPH008)
		iv.	Ms. Ankita Menon (Roll No. 25MPL001)	

*[Handwritten signature]*

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ix.	External Expert (Mental Health Professional/ Psychologist)	Dr. Parth Vaishnav MD in Psychiatry Samvedana Happiness Hospital 3 <sup>rd</sup> Floor Satya One Complex Opp. R3 Mall, Memnagar Ahmedabad – 380052 Moblie: 9712904377	Special Invitee
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## II. Institute of Law

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. (Dr.) Madhuri Parikh	Chairperson
ii.	Assistant Registrar	Shri Rameshan V. M.	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	
vi.	One Faculty Member trained in Counselling / Student Welfare	Dr. Taruna Jakhar Assistant Professor	
vii.	Mentorship Coordinator of the Institute	Dr. Vikas Trivedi Assistant Professor	
viii.	Two student representatives, preferably one male and one female	i. Shri Rohit Asnani (Roll No. 23BAL183) ii. Ms. Shreeja Subhasish Mitra (Roll No. 23BAL127)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Dr. Heta Baxi Senior Physiotherapist Shrinidhi, 9 No. Shakti Society, Near Malavdip Flat, Opp. Priti Flats, Paldi, Ahmedabad - 380007 Email: hdbaxi710@gmail.com Mobile: 9586808871	Special Invitee

## III. Institute of Commerce

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. (Dr.) Udai Paliwal	Chairperson
ii.	Office Superintendent	Ms. Shweta Trivedi	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	

vi.	One Faculty Member trained in Counselling / Student Welfare	Dr. Hridaya Raj Bharti Assistant Professor		
vii.	Mentorship Coordinator of the Institute	Dr. Nidhi Agrawal Assistant Professor		
viii.	Two student representatives, preferably one male and one female	i.	Ms. Nirali Chudasama (Roll No. 23BCM046)	
		ii.	Shri Stavan Patel (Roll No. 24BCM056)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Dr. Shwetang Shashikant Trivedi Associate Professor and Head, Dept. of Psychology H.K. Arts College, Ashram Road Ahmedabad Email: <a href="mailto:shwetangncc@gmail.com">shwetangncc@gmail.com</a> Mobile: 9426404285		Special Invitee

#### IV. Institute of Technology

##### a. School of Technology

Sr.	Designation	Name		Category
i.	Head of the Institute	Prof. (Dr.) Himanshu Soni		Chairperson
ii.	Assistant Registrar	Dr. Kehul Shah		Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt		Member
iv.	University Doctor	Dr. Rajesh Patel		
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh		
vi.	One Faculty Member trained in Counselling / Student Welfare	Dr. Tejal Upadhyay Assistant Professor		
vii.	Mentorship Coordinator of the Institute	Dr. Lata Gohil Assistant Professor		
viii.	Two student representatives, preferably one male and one female	i.	Shri Tirth Acharya (Roll No. 25MCD001)	
		ii.	Ms. Rishwa Chhaya (Roll No. 24BEI074)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Ms. Mahima Paliwal Founder & Lead Psychologist Snowflake Counselling Pvt. Ltd. Aristo Anandam, Malabar Exotica Road, Ahmedabad-382470 Email: <a href="mailto:paliwal647@gmail.com">paliwal647@gmail.com</a> Mobile: 7208763120		Special Invitee

b. School of Engineering

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. (Dr.) R.N. Patel	Chairperson
ii.	Assistant Registrar	Shri Dinesh Patel	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	
vi.	One Faculty Member trained in Counselling / Student Welfare	Dr Amit N Patel Associate Professor	
vii.	Mentorship Coordinator of the Institute	Dr Sandeep Malhotra Assistant Professor	
viii.	Two student representatives, preferably one male and one female	i. Shri Laukush Vaghela (Roll No. 25MLT003)	
		ii. Ms Maria Lakdawala (Roll No. 24BME069)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Shri Nagesh Sood Saath, Suicide Prevention Centre Ahmedabad Mobile: 9825188774 Email: <a href="mailto:nageshad@gmail.com">nageshad@gmail.com</a>	

V. Institute of Architecture & Planning

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. Chandran Rekha Jetty	Chairperson
ii.	Office Superintendent	Shri Hasit Trivedi	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	
vi.	One Faculty Member trained in Counselling / Student Welfare	Shri Jitendra Menghani Associate Professor	
vii.	Mentorship Coordinator of the Institute	Dr. Shweta Suhane Assistant Professor	
viii.	Two student representatives, preferably one male and one female	i. Ms. Riddhi Trivedi (Roll No. 25MPN009)	
		ii. Shri Divya Popat (Roll No. 22BAR032)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Dr Aarzo Mobile: 9646088172 Email: <a href="mailto:aarzo_gupta9@yahoo.com">aarzo_gupta9@yahoo.com</a>	

## VI. Institute of Design

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. Sangita Shroff	Chairperson
ii.	Special Officer	Shri B.J. Patel	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	
vi.	One Faculty Member trained in Counselling / Student Welfare	Prof. Mona Prabhu	
vii.	Mentorship Coordinator of the Institute	Dr. Saroj Kumar Das Assistant Professor	
viii.	Student representatives, preferably one male and one female	i. Ms. Mishree Dharsandiya (Roll No. 24BDC024)	
		ii. Shri Lakshay Sahu (Roll No. 25BDC022)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Ms. Arti Madhuk Counsellor with comprehensive training in Rational Emotive Behavior Therapy (REBT) and Applied Transactional Analysis (TA) 101, Olive Heights-2, near Unique Park, Opposite ISRO, Satellite Road, Ahmedabad-380015 Ahmedabad Mobile: 9167088870 Email: <a href="mailto:artimadhuk3@gmail.com">artimadhuk3@gmail.com</a>	

## VII. Institute of Management

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. Nityesh Bhatt	Chairperson
ii.	Assistant Registrar	Shri Digant Mandavia	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	
vi.	One Faculty Member trained in Counselling / Student Welfare	Dr. Nidhi Bansal Assistant Professor	

vii.	Mentorship Coordinator of the Institute	Dr. Shahir Bhatt Assistant Professor	
viii.	Student representatives, preferably male and female	i. Shri Mani Shah (Roll No.22BCM040)	
		ii. Ms. Kashish Modi (Roll No.25MBA224)	
		iii. Ms. Krishna Rathod (Roll No. 24BBA133)	
ix.	External Expert (Mental Health Professional/ Psychologist)	Dr Pooja Sharma Nath Consultant Clinical Psychologist Psyhelp	Special Invitee

### VIII. Institute of Science

Sr.	Designation	Name	Category
i.	Head of the Institute	Prof. Sarat Dalai	Chairperson
ii.	Office Superintendent	Shri Hasit Trivedi	Member-Secretary
iii.	University Counsellor	Dr. Sapna Bhatt	Member
iv.	University Doctor	Dr. Rajesh Patel	
v.	Chief Coordinator – Student Welfare Activities	Dr. Bhavesh Parekh	
vi.	One Faculty Member trained in Counselling / Student Welfare	Dr. Aarthi Sundararajan Assistant Professor	
vii.	Mentorship Coordinator of the Institute	Dr. Sriram Seshadri Associate Professor	
viii.	Student representatives, preferably male and female	i. Ms. Stutee Gaur (Roll No. <u>25MBT056</u> )	
		ii. Shri Dishant Kumar Chhipa (Roll No. <u>25MBT014</u> )	
ix.	External Expert (Mental Health Professional/ Psychologist)	Shri Vincent Victor Vaz Counsellor C-6, Swastik Park Judges' Bungalows Road Bodakdev, Ahmedabad-380015 Mobile: 9979740136. Email: <a href="mailto:vincent.vaz55@gmail.com">vincent.vaz55@gmail.com</a>	

The term of above members shall be for a period of three years from the date of this notification. However, if the nomination is made by virtue of position of the member, then as soon as he/she ceases to hold such position, the nomination will be treated automatically as cancelled.

Executive Registrar

To,

1. All above members
2. All Heads of Institute
3. University Counsellor
4. Chief Coordinator, SWB
5. University Doctor

Copy to,

1. All Asst. Registrar/ O.S.
2. Webmaster
3. P.A. to ER

c.f.w.cs. to: Vice President and Director General (i/c)