Portfolio



MENTAL HEALTH APP

App design



ABHINAV KAHANIYA

Book cover design



02

ONE SHOT CAFE

Identity design

04

SOCIAL MEDIA PAGES

Social media graphics

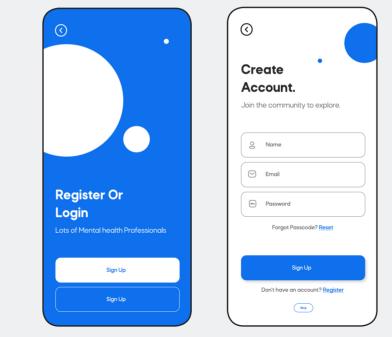


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EXPERENTIAL SPACE

3D Modelling

Mental Health Application



UI UX Design

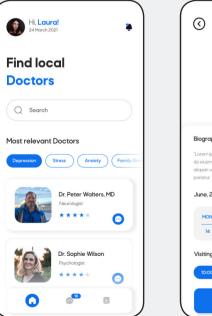
An application developed by Pathcheck Foundation which helps mental health patients connect anonymously with Doctors and health practioners.

Question 1/3	×
Do you feel interested in doing things?	
Not at all	
Sometimes	
Often	
Very Interested	
Skip Next	

Get data on your health periodicly and healing exercises. Skip the questionnaire if not needed

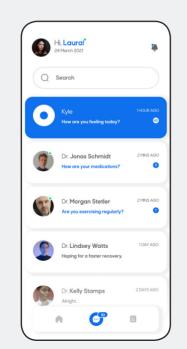
Hi #user39

If the user skips signi-in an anonymous name to ensure privacy



Dr. Peter Walters, MD Neurologist Anonymouly Message Mumbai Biography "Lorem ipsum dolor sit amet, consectetur adipiscina elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliquan voluptate velit esse cillum dolore eu fugiat nulla pariatur. Read more June, 2021 🗸
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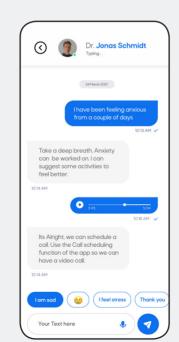
 14
 15
 16
 Visiting Hours 10:00 AM 11:00 AM) (12:00 PM Book Appointment



Search for Doctors and health practioners for your

specific mental health condition. Schedule a

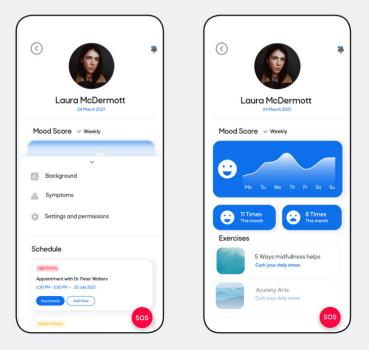
consultation and chat with your health provider

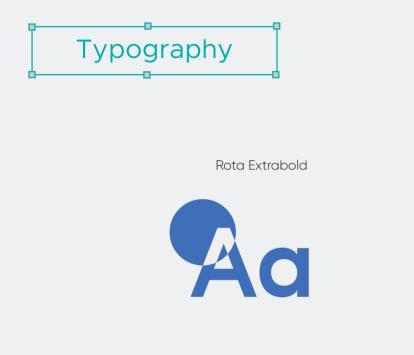


Get answers to your questions in the forum section. Build communities and get awareness about the facts of your condition.

User Red User Since 29 Days	~?	
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User Green User Since 3 Months		Lorem ipsum delor sit amet, consectetur adipiscing elit. P. luctus faucibus sit urna. Velt sed ac elementum ornare la faucibus non.
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A 15 ○ 4 + 10 mins Ago		Lorem ipsum dolor sit amet, consectetur adpiscing elt 2 mauris duis cras blandit id id praesent eu, blandit. Alqu

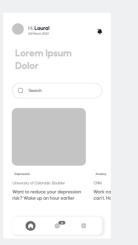
Get insights on your health staistics weekly and monthly. Emergency care if the patient needs immediate attention





ABCDEFGHIJKLMNOPQRSTUVWXYZ 1234567890

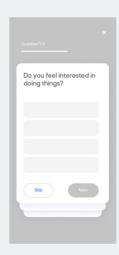
Hi, Laura! 24 March 2021 $\langle \rangle$ - 24 Q Search Laura McDermott 24 March 2021 Why does everyone tell me that I'm strong for having PTSD and anxiety? Mood Score v Weekly Lowen-insum datas sit amet consected a adiatiscino elit Sed montes, lorem a morbi nibh 12 D4 How Taking A Break From Social Media Has Helped My Mental Health Lorem (psum dolor sit amet, consectetur adipiscing elit. Purus luctus faucibus sit uma. Veilt sed ac elementum amare lacinia faucibus non. 12 D4 Exercises 5 Ways midfullness helps How do I develop a better eating habit? Lorem ipsum dolor sit arnet, consectetur adipisoing els mauris duis cras blandit id id prossent eu blandit. Alq. + Anxiety Arts A 9⁰⁰ () sos



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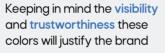
Get answers to your questions in the forum section. Build communities and get awareness about the facts of your condition.

Colors

Trustworthiness

The color is an approprite representation that induces trust in an individual.





One shot cafe

Calm

The shades of white and grey in right proportions are calming to the user.

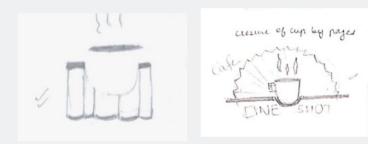
Identity Design

Designing an identity for a manga cafe along with its applications and collaterals.



To design an identity for a manga cafe, a manga cafe is a cafe which serves food, you can read comics and play video games.













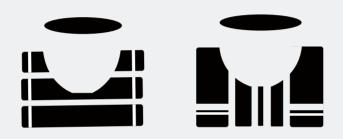




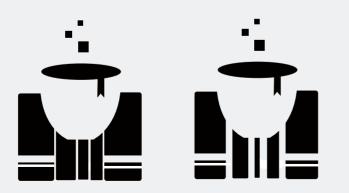
One Shot Cafe







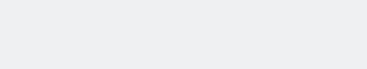
4



The form of the books was tweaked and the cup was made softer to refine the overall form







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Book Cover



To design a book cover for a book that educates and informs young students from 6 to 10 about new tech innovations in the country. The main attribute was the word "innovation"

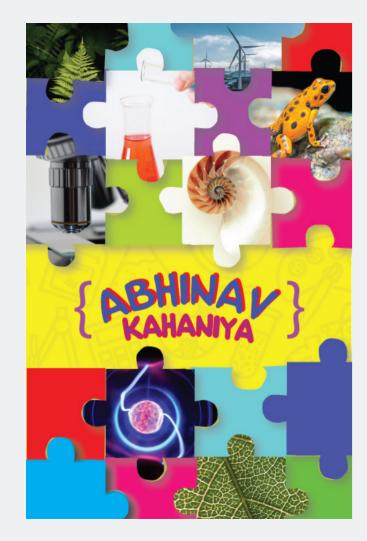


The first concept was how an idea when implemented sparks innovation. normally, when idea strikes down its written down. Here the nib represents the "idea" which is driving the innovation that is rocket. The nib is manipulated in a way that is also looks like a smoke after rocket launch.

Book cover Design

Designing book cover for kids age 8 to 12, a science and technology inventions information book.

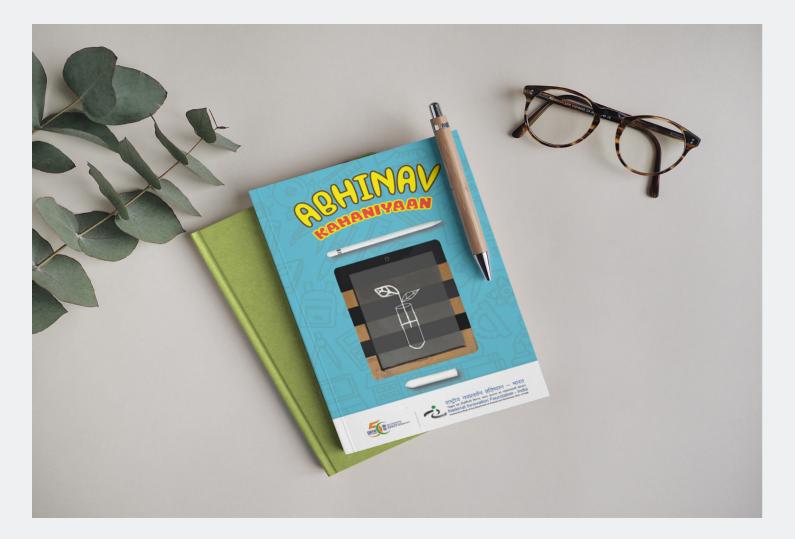






This concept had a puzzle which is a common game kids play. where some pieces had images of science and tech. vibrant colors and fun typography as it was intended for kids demographic Since the keyword behind inspiration was innovation. I wanted to show the evolution from wooden slates to tabs now. To emphasize both the side i have added chalk for the slate part and digital pen on the tabs side. The illustration has hand like quality on slate but digitised precision on tab part. The font was warped to add that playful feel.





Social Media Post

Social media graphics

Designing social media post for various events moslty for instagram and facebook



Designing social media post for a school on different festivals



"Let there be love, happiness and laughter in your life with Lord Krishna's blessings."

f O





Happy Independence Day

73

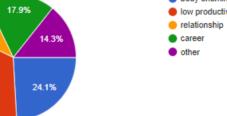
"Lets remember those because of whom we breathe the air of freedom"

Auroville

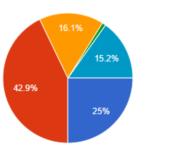
App Design Designing an application that offers techngies to boost self esteem.

what triggers your insecurities? 112 responses 17.9%

33%



whom do you contact when you feel low? 112 responses







body shaming Iow productivity

Persona



NAME: Archie Patel

Age: 21

Education: 2nd yr Event management

Family: Mom, Dad

"Archie needs an app which allows her to discover as well as appreciate herself in midst of her busy life."

Personality Behaviour

- 1. Passionate and ambitious employee.
- 2. Punctual and time sensitive.
- 3. Technologically Educated and well updated.
- 4. She is a sensitive person. Always puts other's emotions first.
- 5. She is determined.

Tasks

Remind her to make time for herself.
 Keeps informed and aware about health.
 staying positive.

4.Helping her analyse herself

5.To provide techniques in order to boost self care.

6.Journaling her feeling

7.Reflecting upon herself and her day

8.Channelizing her thoughts (overthinking)

Goal:

To love herself for whoever she is

2.Staying positive in unfavourable circumstances

3. To take care of her mind as well health.

4. Facilities her to keep check on her feelings.

5. To make time for herself.

6. To create a sense of belongings

7.to increase self worth , self awareness and self esteem8. Notifies close ones about her temperament.

9.To spend sometime learning and taking care for her.

Pain Points

- 1. No safe place to vent out feelings.
- 2. Unable to find a source of help.
- 3. Building a secure future
- 4. Feeling of self doubt
- Social pressure
- 6. Long working hours

Technological Environment:

- Archie uses some technological tools on daily basis including internet, gadgets/electronic devices, softwares as well as mobile apps.
- Spends 8-9 hrs browsing every day

Social Environment:

Her life revolves around her parents and studies. On the contrary, she has no time to spend on her social life as well as herself.

Physical Environment: Archie resides in the city of Ahmedabad, Gujarat.

Motivation:

Archie is motivated by urge of getting a better lifestyle and need for mental piece, her work brings her joy. Another source of motivation is her parents who always support her.

l wish

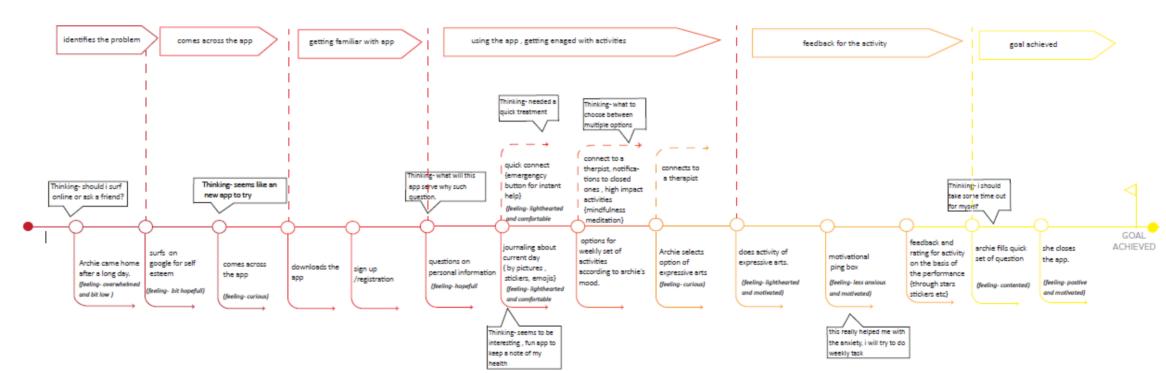
- · There was an daily reminder to keep a check on myself .
- · Something that boosts my self esteem when I feel low.
- A safe place to put out my feelings.

Limitations: As an event manager, she doesn't get much time for herself. She always thinks about others in her professional as well as personal life. Being a determined person, she mostly thinks about her career and her finances and is unaware of self love. Family dependency

User Journey

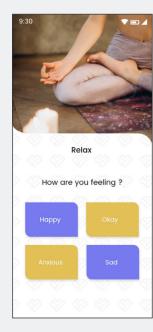
RECOMMENDED

archie comes back from work and is frustrated about the fact that , like all her other friends she is not able to take out time for herself and practice some self love as she is very much engaged in her work.





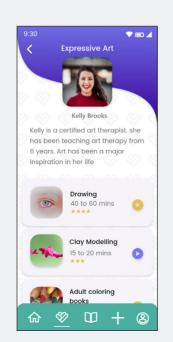




9:30 Hey, Kshitij! Go through your customised plan. Choose a specific activity Recents **1** + 8



▼■⊿

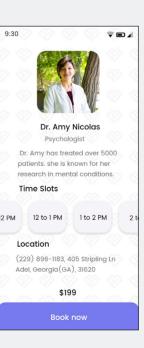


9:30 TOA Online Consultation Get doctors recommendation without leaving home. all the information is confidential. **Previous Visits** Dr. Amy Nicolas Psychologist **** Dr. Meena Kulkarni Therapist **** Dr. Tenzing Shering Neurologist

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Thank you :)

